

# The Home and Community-Based Services (HCBS) Final Rule & Conflict Free Case Management (CFCM)

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### What is the HCBS Rule?

- CMS promulgated the HCBS rule on January 16, 2014 with an effective date of March 17, 2014.
  - All states must be in compliance with the HCBS rule by March 17, 2019
- Two Areas of Focus:
  - Person-Centered Service Planning
    - 42 CFR 441.301(c)(1) Process
      - Conflict of Interest Guidelines
    - 42 CFR 441.301(c)(2) Plan Requirements
    - 42 CFR 441.301(c)(3) Review
  - Home and Community Based Settings Requirements
    - 42 CFR 441.301(c)(4) Settings characteristics
    - 42 CFR 441.301(c)(5) Heightened Scrutiny

## Independent • Integrated • Individual



## **Conflict Free Case Management**

Any structure developed must adhere to the following tenet\*:

"Providers of HCBS for the individual, or those who have an interest in or are employed by a provider of HCBS for the individual *must not* provide case management or develop the personcentered service plan[...]"

\*42 CFR 441.301(c)(1)(vi)



## Why SC needs CFCM\*

• When the same entity helps individuals gain access to services *and* provides services to that individual, there is potential for a conflict of interest in:

#### Assuring and honoring free choice

- A key tenet of PCP and a key requirement for Medicaid is full freedom of choice of types of supports and services and individual providers except where the program has authorized restrictions (such as managed care).
- A case manager's (CM) job is to help the individual and family become well-informed about *all* choices that may address the needs and outcomes identified in the plan.
- If there isn't CFCM, the CM may promote conscious or unconscious "steering."

#### Overseeing quality and outcomes

- Self-policing occurs when an agency or organization is charged with overseeing its own performance
- Puts the case manager in the difficult position of:
  - Assessing the performance of co-workers and colleagues within the same agency.
  - Potentially having to report concerns to their mutual supervisor or executive director.

#### The "fiduciary" relationship

- Incentives for either over-or under-utilization of services.
- Possible pressure to steer the individual to their own organization.
- Possible pressure to retain the individual as a client rather than promoting choice, independence, and requested or needed service changes.

\*CMS, Conflict of Interest Webinar, January 6, 2016





